

WEEK 1**MENU 3****WEEK COM: 15th April 2024**Please order your child's meal by Friday morning for the following week.

To order please print and return this form with the correct cash payment to a member of the pre-school team. Thank you.

Childs Name.....Allergies.....

Total Payment @

£3.00 per lunch.....

| Day/Food | Please Tick | OR | Please Circle |
|---|------------------|-----------|---|
| Monday | Main Meal | OR | Jacket Potato with... |
| Mixed Vegetable & Bean Hot Wrap, Baked Wedges, Sweetcorn <u>Vegetarian Option</u> Italian Cheese & Tomato Pizza, Baked Wedges, Sweetcorn Fresh Fruit or Vanilla Yogurt | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Vanilla Yogurt |
| Tuesday | Main Meal | OR | Jacket Potato with... |
| Beef Bolognese with Wholegrain & White Pasta, Peas, Carrots <u>Vegetarian Option</u> Vegan Plant Based Bolognese with Wholegrain & White Pasta, Peas, Carrots Fresh Fruit or Blueberry Muffin | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Blueberry Muffin |
| Wednesday | Main Meal | OR | Jacket Potato with... |
| Roast Chicken, Roast Potatoes & Vegetables and gravy <u>Vegetarian Option</u> Macaroni Cheese, Veg. Fresh Fruit or Strawberry Jelly with Fruit Cocktail | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Strawberry Jelly with Fruit Cocktail |
| Thursday | Main Meal | OR | Jacket Potato with... |
| Mild Chicken Bhuna Chicken Curry with Wholegrain & White Rice, Tomato, Cucumber & Carrot Salad <u>Vegetarian Option</u> Mild Chickpea & Paneer Korma with Wholegrain & White Rice, Tomato, Cucumber & Carrot Salad Fresh Fruit or Homemade Apple Crumble & Custard | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Homemade Apple Crumble & Custard |
| Friday | Main Meal | OR | Jacket Potato with... |
| Fish Fingers & Chips , Baked Beans <u>Vegetarian Option</u> Vegan Falafel Kofta & Chips with Asian Slaw Fresh Fruit or White Chocolate Crispie Cake | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or White Chocolate Crispie Cake |

WEEK 2

MENU 1

WEEK COM: 22ND APRIL 2024

Please order your child's meal by Friday morning for the following week.

To order please print and return this form with the correct cash payment to a member of the pre-school team. Thank you.

Childs Name.....Allergies.....

Total Payment @
£3.00 per lunch.....

| Day/Food | Please Tick | OR | Please Circle |
|--|------------------|-----------|---|
| Monday | Main Meal | OR | Jacket Potato with... |
| Cheesy Salmon Sub Melt with Baked Wedges Carrots & Peas <u>Vegetarian Option</u> Italian Cheese & Tomato Pizza, Baked wedges Carrots & Peas Fresh Fruit or Vanilla Yogurt | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Vanilla Yogurt |
| Tuesday | Main Meal | OR | Jacket Potato with... |
| Creamy Beef Lasagne, Peas <u>Vegetarian Option</u> Plant Based Meatball Pasta Bake, Peas Fresh Fruit or Apple Strudel & Custard | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Apple Strudel & Custard |
| Wednesday | Main Meal | OR | Jacket Potato with... |
| Roast Chicken, Roast Potatoes & Vegetables and gravy <u>Vegetarian Option</u> Vegan Sausage Puff, Roast potatoes & Veg Fresh Fruit or Strawberry Jelly & Mandarins | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Strawberry Jelly & Mandarins |
| Thursday | Main Meal | OR | Jacket Potato with... |
| Mild Chicken Massaman Curry with Wholegrain & White Rice Tomato, Cucumber & Carrot Salad <u>Vegetarian Option</u> Vegan Sweet & Sour Butternut Squash with Wholegrain & White Rice Fresh Fruit or Apple & Cocoa Sponge with Vanilla Sauce | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Apple & Cocoa Sponge with Vanilla Sauce |
| Friday | Main Meal | OR | Jacket Potato with... |
| Fish Fingers & Chips Baked Beans <u>Vegetarian Option</u> Vegan Vegetable Nuggets & Chips Fresh Fruit or Vegan Shortbread | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Vegan Shortbread |

WEEK 3

MENU 2

WEEK COM: 29TH APRIL 2024

Please order your child's meal by Friday morning for the following week.

To order please print and return this form with the correct cash payment to a member of the pre-school team. Thank you.

Childs Name.....Allergies.....

Total Payment @
£3.00 per lunch.....

| Day/Food | Please Tick | OR | Please Circle |
|---|------------------|-----------|---|
| Monday | Main Meal | OR | Jacket Potato with... |
| Chicken & Beef Sausage & Mash & Carrots <u>Vegetarian Option</u> Vegan Plant Based Sausage & Mash Fresh Fruit or Vanilla Yogurt | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Vanilla Yogurt |
| Tuesday | Main Meal | OR | Jacket Potato with... |
| Beef & Basil Bake, Sweetcorn <u>Vegetarian Option</u> Vegan Baked Gnocchi in Tomato & Basil Sauce Sweetcorn Fresh Fruit or Peach & Pineapple Crumble & Custard | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Peach & Pineapple Crumble & Custard |
| Wednesday | Main Meal | OR | Jacket Potato with... |
| Roast Turkey, Roast Potatoes & Vegetables and gravy <u>Vegetarian Option</u> Red Pepper & Spinach Spanish Omelette & Veg Fresh Fruit or Orange Jelly | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Orange Jelly |
| Thursday | Main Meal | OR | Jacket Potato with... |
| Mild Mexican Beef Chilli with Wholegrain & White Rice Carrot Rice, Peas <u>Vegetarian Option</u> Vegan Mild Plant Based Chilli with Wholegrain & White Carrot Rice, Peas Fresh Fruit or Eves Pudding with Vanilla Sauce | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Eves Pudding with Vanilla Sauce |
| Friday | Main Meal | OR | Jacket Potato with... |
| Battered Fish & Chips Baked Beans <u>Vegetarian Option</u> Margherita Wrap & Chips, Baked Beans Fresh Fruit or Chocolate Cookie | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Chocolate Cookie |

WEEK 4

MENU 3

WEEK COM: 6th May 2024

Please order your child's meal by Friday morning for the following week.

To order please print and return this form with the correct cash payment to a member of the pre-school team. Thank you.

Childs Name.....Allergies.....

Total Payment @
£3.00 per lunch.....

| Day/Food | Please Tick | OR | Please Circle |
|---|------------------|-----------|---|
| Monday | Main Meal | OR | Jacket Potato with... |
| Mixed Vegetable & Bean Hot Wrap, Baked Wedges, Sweetcorn <u>Vegetarian Option</u> Italian Cheese & Tomato Pizza, Baked Wedges, Sweetcorn Fresh Fruit or Vanilla Yogurt | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Vanilla Yogurt |
| Tuesday | Main Meal | OR | Jacket Potato with... |
| Beef Bolognese with Wholegrain & White Pasta, Peas, Carrots <u>Vegetarian Option</u> Vegan Plant Based Bolognese with Wholegrain & White Pasta, Peas, Carrots Fresh Fruit or Blueberry Muffin | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Blueberry Muffin |
| Wednesday | Main Meal | OR | Jacket Potato with... |
| Roast Chicken, Roast Potatoes & Vegetables and gravy <u>Vegetarian Option</u> Macaroni Cheese, Veg. Fresh Fruit or Strawberry Jelly with Fruit Cocktail | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Strawberry Jelly with Fruit Cocktail |
| Thursday | Main Meal | OR | Jacket Potato with... |
| Mild Chicken Bhuna Chicken Curry with Wholegrain & White Rice, Tomato, Cucumber & Carrot Salad <u>Vegetarian Option</u> Mild Chickpea & Paneer Korma with Wholegrain & White Rice, Tomato, Cucumber & Carrot Salad Fresh Fruit or Homemade Apple Crumble & Custard | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Homemade Apple Crumble & Custard |
| Friday | Main Meal | OR | Jacket Potato with... |
| Fish Fingers & Chips , Baked Beans <u>Vegetarian Option</u> Vegan Falafel Kofta & Chips with Asian Slaw Fresh Fruit or White Chocolate Crispie Cake | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or White Chocolate Crispie Cake |

WEEK 5

MENU 1

WEEK COM: 13th May 2024

Please order your child's meal by Friday morning for the following week.

To order please print and return this form with the correct cash payment to a member of the pre-school team. Thank you.

Childs Name.....Allergies.....

Total Payment @
£3.00 per lunch.....

| Day/Food | Please Tick | OR | Please Circle |
|--|------------------|-----------|---|
| Monday | Main Meal | OR | Jacket Potato with... |
| Cheesy Salmon Sub Melt with Baked Wedges Carrots & Peas <u>Vegetarian Option</u> Italian Cheese & Tomato Pizza, Baked wedges Carrots & Peas Fresh Fruit or Vanilla Yogurt | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Vanilla Yogurt |
| Tuesday | Main Meal | OR | Jacket Potato with... |
| Creamy Beef Lasagne, Peas <u>Vegetarian Option</u> Plant Based Meatball Pasta Bake, Peas Fresh Fruit or Apple Strudel & Custard | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Apple Strudel & Custard |
| Wednesday | Main Meal | OR | Jacket Potato with... |
| Roast Chicken, Roast Potatoes & Vegetables and gravy <u>Vegetarian Option</u> Vegan Sausage Puff, Roast potatoes & Veg Fresh Fruit or Strawberry Jelly & Mandarins | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Strawberry Jelly & Mandarins |
| Thursday | Main Meal | OR | Jacket Potato with... |
| Mild Chicken Massaman Curry with Wholegrain & White Rice Tomato, Cucumber & Carrot Salad <u>Vegetarian Option</u> Vegan Sweet & Sour Butternut Squash with Wholegrain & White Rice Fresh Fruit or Apple & Cocoa Sponge with Vanilla Sauce | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Apple & Cocoa Sponge with Vanilla Sauce |
| Friday | Main Meal | OR | Jacket Potato with... |
| Fish Fingers & Chips Baked Beans <u>Vegetarian Option</u> Vegan Vegetable Nuggets & Chips Fresh Fruit or Vegan Shortbread | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Vegan Shortbread |

WEEK 6

MENU 2

WEEK COM: 20th May 2024

Please order your child's meal by Friday morning for the following week.

To order please print and return this form with the correct cash payment to a member of the pre-school team. Thank you.

Childs Name.....Allergies.....

Total Payment @
£3.00 per lunch.....

| Day/Food | Please Tick | OR | Please Circle |
|--|------------------|-----------|---|
| Monday | Main Meal | OR | Jacket Potato with... |
| Chicken & Beef Sausage & Mash & Carrots <u>Vegetarian Option</u> Vegan Plant Based Sausage & Mash Fresh Fruit or Vanilla Yogurt | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Vanilla Yogurt |
| Tuesday | Main Meal | OR | Jacket Potato with... |
| Beef & Basil Bake, Sweetcorn <u>Vegetarian Option</u> Vegan Baked Gnocchi in Tomato & Basil Sauce Sweetcorn Fresh Fruit or Peach & Pineapple Crumble & Custard | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Peach & Pineapple Crumble & Custard |
| Wednesday | Main Meal | OR | Jacket Potato with... |
| Roast Turkey, Roast Potatoes & Vegetables and gravy <u>Vegetarian Option</u> Red Pepper & Spinach Spanish Omelette & Veg Fresh Fruit or Orange Jelly | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Orange Jelly |
| Thursday | Main Meal | OR | Jacket Potato with... |
| Mild Mexican Beef Chilli with Wholegrain & White Rice Carrot Rice, Peas <u>Vegetarian Option</u> Vegan Mild Plant Based Chilli with Wholegrain & Whilte Carrot Rice, Peas Fresh Fruit or Eves Pudding with Vanilla Sauce | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Eves Pudding with Vanilla Sauce |
| Friday | Main Meal | OR | Jacket Potato with... |
| Battered Fish & Chips Baked Beans <u>Vegetarian Option</u> Margherita Wrap & Chips, Baked Beans Fresh Fruit or Chocolate Cookie | | | Cheese & / or Beans Tuna Mayonnaise Fresh Fruit or Chocolate Cookie |